

Mead Vale Community Primary School



Child Friendly Anti-Bullying Policy



If you are bullied:-

DO:-

- Ask them to **STOP** if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Use the worry box if you are too scared to speak openly about it.
- Talk to a friend.
- **TELL SOMEONE.**



DON'T:-

- Do what they say.
- Get angry or look upset.
- Hit them.
- Think it's your fault.
- Hide it.



What should I do if I see someone else is being bullied?

- Tell an adult straight away.
- Don't get involved because you may end up getting into trouble yourself.
- Don't stay silent or the bullying will keep happening.

The Head, the Governors and the staff will work together

to:-

- Make our school a safe place where everybody feels safe and happy.
- Help children get along with each other.

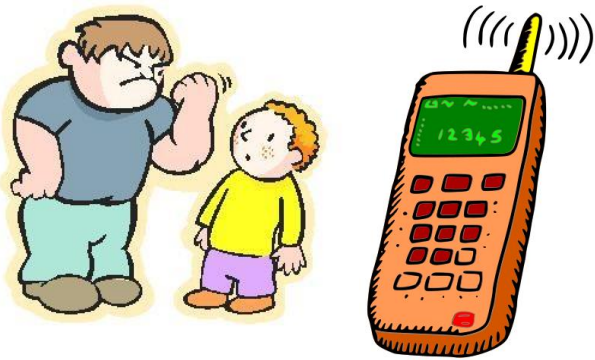
What will happen to a bully?

If somebody decides to bully someone the teachers will help by talking with their parents. If you are involved with bullying you will miss playtimes and write sorry letters to the victims.

Adapted by the School Council

What is Bullying?

A bully is someone who hurts someone else by using behaviour which is meant to hurt, frighten or upset another person. This behaviour is repeated frequently.



Emotional: Hurting people's feelings, leaving you out.

Physical: Punching, kicking, spitting hitting, pushing.

Verbal: Being teased, name calling.

Cyber: Saying unkind things by text, email and online.

Racist: Calling you names because of the colour of your skin.

When is it bullying?

**Several
Times
On
Purpose**

We promise to take all bullying seriously.

Who can I tell?

A Friend

Parents/Carers

Teachers

Learning Mentors

Lunch time Staff

Any Other Adult

MOST IMPORTANTLY:-

If you are being bullied:

Start Telling Other People!

